



## October Lunch Menu 2025

<b>Monday</b>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
		Bananas 1 Chicken Wild Rice Soup Bosco Stick Salad Bar Fresh Fruit Mix	Baby Carrots 2 Chicken Tenders Mashed Potatoes w/ Gravy Roasted Corn WW Roll Fresh Fruit Mix	Half Day 3 Beef Wild Rice Hot Dish Steamed Broccoli WW Roll Fresh Fruit Mix
Pears 6 Corn Dog Smiley Fries Steamed Broccoli Fresh Fruit Mix	Mango 7 Ground Bison Nachos Shredded Lettuce, Cheese, Fresh Pico Cilantro Lime Rice Roasted Corn Fresh Fruit Mix	Yam Sticks 8 Tomato Soup Grilled Cheese Sandwich Fresh Snap Peas and Carrots Fresh Fruit Mix	Cauliflower 9 Beef Tips over Mashed Potatoes Green Beans WW Dinner Rolls Fresh Fruit Mix	Half Day 10 Mac Hotdish w/ Ground Beef Steamed Asparagus WW Roll Fresh Fruit Mix
NO SCHOOL  Indigenous People's  Day	Peppers 14 Orange Chicken over Brown Rice WG Egg Roll Broccoli and Peppers Fresh Fruit Mix	Oranges 15 Hamburger Mac Soup w/ Onions, Celery, and Diced Tomatoes WG Bosco Stick Fresh Fruit Mix	Zucchini 16 Popcorn Chicken Mashed Potatoes w/ Gravy Corn WW Roll Fresh Fruit Mix	Plums 17 Tater Tot Hotdish w/ Ground Beef Green Beans WW Rolls Fresh Fruit Mix
Apple 20 Breaded Chicken Sandwich on a WW Bun Lettuce Tomato Onion Tater Tots Salad Bar Fresh Fruit Mix	Broccoli 21 WG French Bread Pizza Boneless Chicken Wings Carrot and Celery Sticks Fresh Fruit Mix	Grapes 22 Zuppa Toscana WG Garlic Bread Stick Salad Bar Mixed Fruit	Cucumbers 23 Hamburger Gravy Over Mashed Potatoes Steamed Peas WW Rolls Fresh Fruit Mix	Kiwi 24 WG Penne Pasta w/ Italian Sausage Steamed Broccoli WG Bread Sticks Fresh Fruit Mix
Green Apple Grilled Chicken Sandwich Lettuce Tomato & Onions Crinkle Cut Fries Carrot Sticks Fresh Fruit Mix	Snap Peas 28 Taco in a Bag Shredded Lettuce, Cheese, Fresh Pico Spanish Brown Rice Roasted Corn Fresh Fruit Mix	Honeydew 29 Chicken Posole WG Bean and Cheese Burrito Salad Bar Mixed Fruit	Dragon Fruit 30 Hamburger WW Bun Sweet Potato Fries Veggie Tray Mixed Fruit	Half Day 31 Chicken Wild Rice Hot Dish WW Roll Steamed Green Beans Peppers and Onions Mixed Fruit

- All Meals are Served With 1% or Chocolate Milk
- Fruit and Vegetable Bar Offered Daily
- Farm 2 School Highlighted Item/Harvest of Month
- Menu Subject to Change

<u>Breakfast</u>						
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>		

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program.intake@usda.gov.
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Breakfast Sandwich Fresh Fruit	Cereal Boiled Egg Fruit	Yogurt Fresh Berries Granola	Hot Cereal Hash Brown Fruit	Muffin Boiled Egg Fruit
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