

## September Lunch Menu 2025

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<b>Sliced Oranges</b> 2 <b>Bison Nachos</b> Shredded Lettuce, Cheese, <b>Cilantro</b> Lime WG Rice Roasted Corn <b>Fresh Pico</b> Fresh Fruit Mix	<b>Zucchini</b> 3 Chicken <b>Wild Rice</b> Soup Turkey & Cheese on a WW Slider Bun Carrot & Celery Sticks Fresh Fruit Mix	<b>Carrots</b> 4 Chicken Tenders <b>Mashed Potatoes</b> w/ Gravy Corn On the Cob WW Roll Fresh Fruit Mix	<b>Half Day</b> 5 Hamburger / <b>Wild Rice</b> <b>Brat</b> On a WW Bun Baked Beans Onion, Lettuce, Tomato Veggie Tray Sliced Fresh Fruit Tray
<b>Banana</b> 8 Corn Dog Smiley Fries Steamed Broccoli Fresh Fruit Mix	<b>Oranges</b> 9 Orange Chicken over Brown Rice WG Egg Roll Asian Veggie Blend Fresh Fruit Mix	<b>Green Apples</b> 10 <b>Tomato Soup</b> Grilled Cheese Sandwich Fresh Snap Peas and <b>Carrots</b> Fresh Fruit Mix	<b>Snap Peas</b> 11 Beef Tips over <b>Wild Rice</b> / Brown Rice Mix Asparagus WW Dinner Rolls Fresh Fruit Mix	<b>Mixed Peppers</b> 12 Mac Hotdish w/ Ground Beef Steamed <b>Zucchini and</b> <b>Squash</b> Mix WW Roll Fresh Fruit Mix
<b>Bananas</b> 15 Sloppy Joes w/ Ground Beef on a WW Bun Baked Beans Sweet Potato Fries Corn on Cob Fresh Fruit Mix	<b>Celery Sticks</b> 16 Taco in a Bag w/ Gound Beef Shredded Lettuce and Cheese, <b>Fresh Pico</b> , Red Rice, Fresh Fruit Mix	<b>Pears</b> 17 Broccoli <b>Cheese</b> Soup Turkey & Cheese on a WW Slider Fresh Snap Peas Fresh Fruit Mix	<b>Cucumbers</b> 18 <b>Turkey</b> Gravy Mashed Potatoes w/ Gravy Corn WW Roll Fresh Fruit Mix	<b>Kiwi</b> 19 Tater Tot Hotdish w/ Ground Beef Green Beans & Corn WW Rolls Fresh Fruit Mix
<b>Broccoli</b> 22 Grilled Chicken Sandwich Lettuce Tomato & Onions Crinkle Cut Fries Steamed Veggie Mix Fresh Fruit Mix	<b>Grapes</b> 23 WG French Bread Pizza Boneless Chicken Wings <b>Carrot</b> and Celery Sticks Fresh Fruit Mix	<b>Cantaloupe</b> 24 Hamburger Mac Soup Onions, Celery, <b>Diced</b> <b>Tomato</b> , and <b>Cabbage</b> Bosco Stick Fruit and Veggie Bar	<b>Carrot Sticks</b> 25 Hamburger Gravy Over Mashed Potatoes Steamed Peas WW Rolls Fresh Fruit Mix	<b>Half Day</b> 26 WG Penne Pasta w/ Italian Sausage Steamed Broccoli WG Bread Sticks Fresh Fruit Mix
<b>Green Beans</b> 29 Hotdog on a WW Bun Tater Tots <b>Carrot &amp; Celery Sticks</b> Fresh Fruit Mix	<b>Watermelon</b> 30 <b>Ground Turkey</b> Tacos <b>Pico</b> , Shredded Lettuce, Shredded Cheese WG Spanish Rice Roasted Corn Fresh Fruit Mix			

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(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or; (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

- All Meals are served with Skim, 1%, and / or Chocolate Milk
- Fruit and Veggie Bar offered Daily
- Harvest of the Month/ Farm 2 School Highlighted Item
- Menu Subject to Change.

<u>Breakfast</u>				
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast Sandwich Whole Grain Biscuit Sausage, Egg, Cheese, Fresh Fruit	Whole Grain Cereal, Cheese Stick, Boiled Egg, Fruit	Yogurt Bar w/ Fresh Berries & Granola Assorted Whole Fruits	Hot or Cold Whole Grain Cereal, Hash Brown, Fruit	Assorted Muffins, Hard Boiled Egg, Sausage or Bacon Fruit

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